

TRENOW COVE

and Temis and Trevelyan Coves

Three coves that are close together with great views of [St. Michael's Mount](#). Temis Cove, near to [Perranuthnoe](#), is stony and involves a scramble down a low cliff and although relatively sheltered is not that memorable. Trevelyan Cove, known locally as Boat Cove, or sometimes Blight Harvey's Cove, is between the other two and until recently was used by local fishermen whose small boats were hauled up the beach. Trenow Cove which is nearer [Marazion](#) is the largest and easily accessible. Trenow and Trevelyan Coves are owned and managed by the National Trust.



Trenow Cove looking towards Marazion



TR20 9NE - For access and parking details see [Perranuthnoe](#). Take the Coast Path which is next to the car park and Temis Cove is just beyond Maen-du Point (450m) – there is a point in the middle of the beach where anglers scramble down to the foreshore.



Track to Trenow Cove



St. Michael's Mount from Trenow

Trevelyan Cove is a further 350m with a short flight of steps on to the beach from the path. Trenow Cove is 450m further on with access down a vehicular slipway which is still used. Alternatively, see access and parking for [Venton Cove - TR17 0BL](#) - and continue along the Coast Path for about 500m to Trenow Cove.



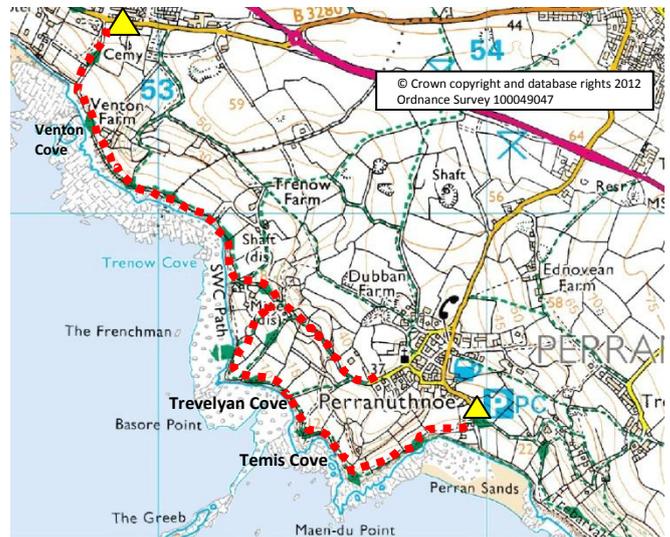
Views of Trevelyan or Boat Cove at low water



Whilst Temis is stony, the other two are a mixture of sand, shingle, stone and boulders. Trenow has the largest area of sand which is exposed at low water in the centre of the beach. There are no safety equipment points. Swimming is relatively safe if care is taken but because of the nature of the beaches is best on a rising high tide. Surfing is not possible. There is excellent snorkelling from all three coves especially around the offshore reefs. Fishing is good at the points between the Coves. There are many rock pools at low water.



There are no restrictions on dogs. The nearest facilities are at [Perranuthnoe](#). The slipway can be accessed along a narrow Public Byway from Perranuthnoe Church.



Location - Part of OS Explorer Map 102



Views of Temis Cove at low water



Water quality is good. The quiet coves face west but are relatively sheltered and are surrounded by much evidence of former mining.