

# TREFUSIS BEACH

## and Mylor Beach

Trefusis Beach, or often known locally as Flushing Beach or Kiln Quay Beach, sits on the Fal Estuary immediately opposite Falmouth Docks; it is easily accessible and can be very sheltered with little or no swell. Mylor Beach is to the north along the foreshore around Trefusis and Pencarrow Points. Much of the foreshore in between is accessible from the public footpath that joins both beaches.



Trefusis Beach looking towards Falmouth Docks at low water



**TR11 5UB** - for Trefusis Beach. On the B3292 road into Falmouth at Penryn take Bissom Road signposted to Mylor and Flushing and after 1km turn right along Tregew Road which after 2.5kms comes to Flushing; carry on through the village and turn left along Trefusis road for about 500m and there is roadside parking on the left. It is a short walk to the end of the road and right to Kiln Quay and the beach which is easily accessible for those less mobile.

**TR115UF** - for Mylor Beach. From Penryn take the Bissom Road and Tregew Road as above but instead of turning right to Flushing turn left to Mylor Churchtown (1.5kms); There are 2 car parks, on either side of the road by the Harbour (total Capacity over 300 cars depending on the area used to store boats). For the beach, continue past the Harbour and along



Trefusis Beach



Part of Mylor Beach

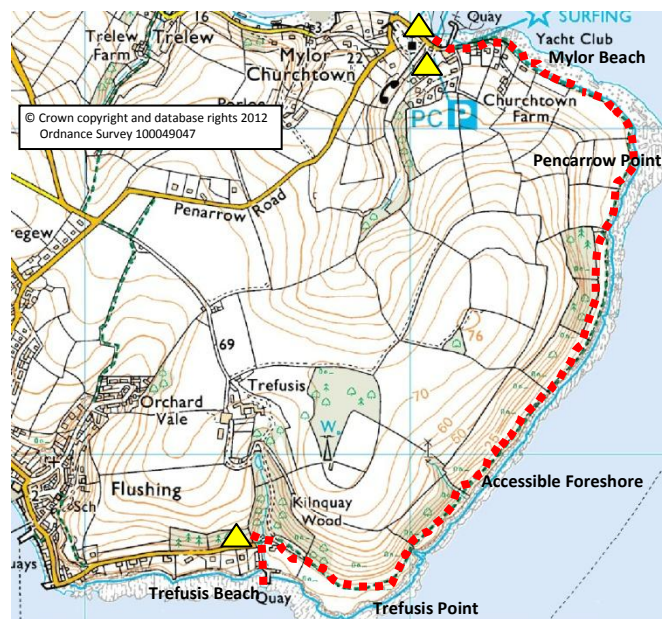


Mylor Beach past the Sailing Club with the Harbour beyond

the path to the Sailing Club and the lengthy beach.



Trefusis Beach has coarse yellow sand with a small area above high water. At low water there are areas of sand and weed covered rocks. The old quay provides a historical point of interest and well used by fishermen. Mylor Beach is shingle and has a great view eastwards across the Fal Estuary to St. Just. There is no safety equipment at either beach but there is some at Mylor Harbour. They are good safe beaches for swimming at all stages of the tide but better on a rising high tide. They are not surfing or snorkelling beaches and few rock pools of interest. There are no restrictions on dogs; there are toilets and restaurant facilities at Mylor but none at Trefusis.



Location – Part of OS Explorer Map 103



There is a slipway at Trefusis and at Mylor. Water quality is good for an estuary. They are good beaches frequented mostly by locals.