

# SWANPOOL

(Falmouth)

The furthest beach from the Falmouth town centre but with easy road access, convenient parking and a range of facilities it is popular with families. It has the feeling of a ‘cove’ and is quite sheltered with a southerly aspect and has Swanpool Lake Nature Reserve adjoining.



Swanpool Beach looking east



**TR11 5BG** - Parking details are shown in the overview for Falmouth. It is only a 30m walk from the car park or slightly further if the limited roadside parking is used. It is suitable for the less mobile. It is an easy walk along the Coast Path from nearby [Gyllyngvase Beach](#); the path is surfaced and is a distance of about 500m. Swanpool is 2kms from Falmouth Town Centre.



The gently shelving beach is a mixture of coarse sand and shingle. There is a small strip of beach above mean high water. There is an area of



In high summer – looking west      Facilities on the beach

large angular boulders backing on to the road as part of the sea defences. The rocky foreshore on either side of the beach is accessible once the tide recedes.

On the southern side of the beach it is possible to scramble (fairly easily) along the foreshore to Penance Point; there are a couple of very small sandy easterly facing beaches which are very secluded but care needs to be taken with the tides.



There is rescue equipment above the beach.



Details are shown in the overview for Falmouth.



Dogs are permitted from October until Easter Day but not in the spring and summer. The toilets are at the southern side of the car park but only open in summer.



There is a cafe on the beach which is the home of the ‘Quirky’ Ice Cream and a restaurant overlooking the beach. There are a limited number of beach huts and a bouncy castle and crazy golf.



Location – Part of OS Explorer Map 105



It is a clean beach and the water quality is excellent. Swanpool Lake is a mix of fresh and salt water habitats plays host to over 100 species of bird including grebe and tufted ducks, siskins and kingfishers. The lake however is most well known for the swans and an extremely rare animal called the Trembling Sea Mat a microscopic animal which lives underwater because of the balance of salt and fresh water; it is the only one of its kind in Britain and as a result Swanpool is a protected Nature Reserve. The Coast Path southwards leads to [Meanporth Beach](#).



Children enjoying the rock pools      Dry sand above high water