

ROSEMULLION BEACH

Prisk Cove & Parsons Beach

Set between Toll Point at the mouth of the Helford Estuary and Rosemullion Head, these beaches have a south easterly aspect and are sparsely used. Parsons Beach is separated from Rosemullion Beach by a small headland and Shag Rock and has a difficult access. Prisk Cove is the far end of Rosemullion Beach that is over 650m long and easily accessible.



Rosemullion Beach with Prisk Cove and Rosemullion Head beyond



TR11 5HY - From the Hillhead Junction on the A39 on the entrance to Falmouth take the road signposted to Maenporth (5kms). Go past **Maenporth Beach** to Mawnan and follow the signposts to Mawnan Church. There is a small parking area by the Church (capacity 12 cars). This is the best place to park to access Parsons Beach and involves taking the public footpath from the car park; after 50m take the footpath on the left which crosses two fields and joins up with the Coast Path; turn left through woodland and after 100m there are a number of steep paths which end up with a scramble on to the beach. To access Rosemullion Beach and Prisk Cove it is better to park 250m along the road before the Church **TR11 5HX** - Opposite a property called Trebarne is a



The stony Parsons Beach



Prisk Cove backed by low cliffs



Access to Rosemullion Beach



Rosemullion Beach

a footpath which (after 250m) leads to the access track down to the beach from the Coast Path.



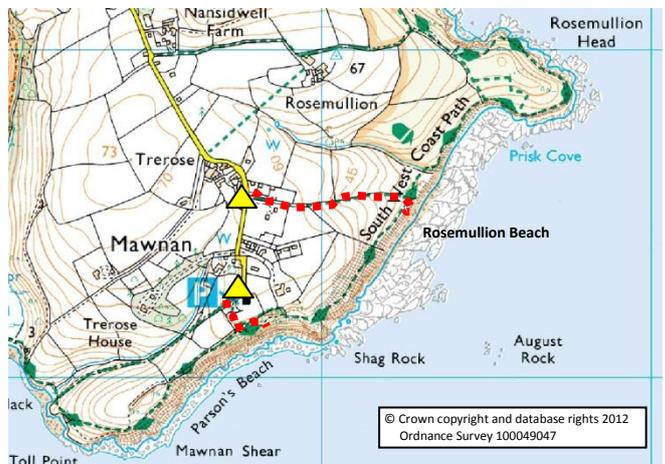
Parsons Beach is rocky and stony at all stages of the tide and easily forgettable. Rosemullion and Prisk Cove have a strip of grey sand/shingle above high water which stretches the whole length of the beach. A further strip is exposed as the tide recedes which gives way to a flat rocky reef at low water. The beaches are sheltered from prevailing westerly winds.



There is no safety/rescue equipment at any of the beaches. Swimming is best on a rising high tide and is relatively safe except when it is exposed to strong southerly and easterly winds. It is not a surfing beach but in favourable conditions provides a good spot for snorkelling at high water. There are many interesting rock pools at low water.



There are no restrictions on dogs and no facilities. The nearest toilets are at Mawnan Smith (1.7kms) where there is a pub and village shop. Toilets, a cafe and restaurant are at **Maenporth** which is 3kms from Mawnan Church.



Location - Part of OS Explorer Map 103



Water quality is believed to be good. Rosemullion Beach is better than it might appear at first sight with lots of shipping movements out to sea.