

# POLURRIAN COVE

This westerly facing beach has a fine expanse of sand at low water. It is unusual as it is close to the village of Mullion but there is no recognised parking area for the beach. Much of the beach is backed by high cliffs.



At low water looking towards Henscath Point



Mullion is on the B3298 off the main road from Helston to the Lizard. There are number of possible places to park for the beach. The main village car park - **TR12 7RJ** - is some 3km away. It is recommended that roadside parking is used in either of 2 locations. The first is along the road out of Mullion towards **Poldhu**. **TR127HZ** -1kms from the village centre there is a public footpath sign to the Cove; the walk is almost 2km and once clear of the housing is very straightforward. The other route is to take the road to **Mullion Cove** from the village - **TR12 7EN** - and after 1.5kms turn right into Polurrian Road and park where permitted. By the entrance to the



Steps on the Coast Path



Access path along the valley



The beach and Polbreem Point



The beach-head

Polurrian Hotel follow the Coast Path; the walk is some 600m but more strenuous with a long flight of steps. The paths coalesce just above the beach with an easy access on to the sand.



At low water the beach extends for over 300m whilst at high water it is still over 150m comprising of fine sand for most of the year but can be mixed with areas of shingle in winter. Beyond the rocky outcrop of Pedn-y-ke there is a small sheltered sandy area known as 'Sandy Pedn-y-ke'. A stream flows down the valley and across the beach.



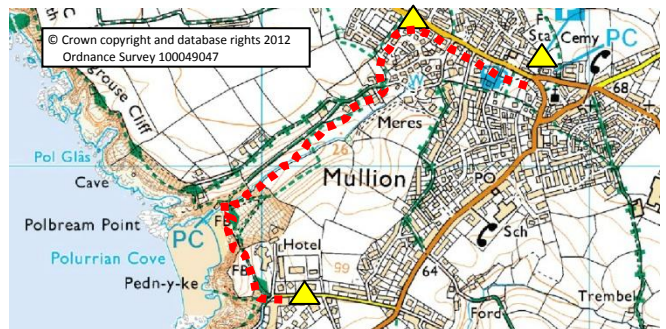
There is safety equipment; Lifeguards are on duty from July to early September (weekends only).



Swimming can be dangerous and is only recommended in the Lifeguard operated designated area. Like its neighbour **Poldhu**, it can provide some very good surfing for all abilities, especially in winter. It is not a beach for snorkelling and there are only a few rock pools.



Dogs are not permitted from Easter until October 7am until 7pm. There is one uni-sex toilet that is open during the summer holidays. There are no other facilities at the beach but cafes, pubs and shops can be found in the village.



Location - Part of OS Explorer Map 103



Water quality of the sea is excellent although data is not available for the stream. Overall it is a fine beach, especially at low water.