

# POLPEOR COVE

(The Lizard)

The small Cove is the most southerly beach in the UK and next to Lizard Point, a major visitor attraction. It is dominated by a former Lifeboat Station.



The Cove from the access road to Lizard Point



**TR12 7NU** - From Lizard village and the end of the A3083, take the road signposted to Lizard Point. After 600m there is access to the National Trust car park (capacity 120 cars) or at the Point itself 2 small car parks (capacity 20 and 25 cars), the lower of the two is just above the access slipway to the Cove. Because they can be full at peak times an alternative is to park at Lizard village - **TR12 7NZ** - and walk down the segregated pedestrian access created by the National Trust (distance 1km). The narrow access road at the Point turns sharply into the 60m slipway to the beach, which is fairly steep and often covered with fishing boats.



The slipway



Access from Lizard Point



At low water the gently shelving beach is made up of coarse grey sand and there is access to a further area of stony beach called Pistil Ogo towards the headland although care needs to be taken with rising tides. There is an area of flat rocks next to the old lifeboat slipway. There is no beach at high water.



There is rescue equipment on the slipway. It is not regarded as a safe beach to swim because of the notorious currents around Lizard Point although when it is calm swimming close to the slipway at high water should not present any problems. It is not a surfing beach and snorkelling is not recommended. At low water there are countless rock pools in the flat rocky formations next to the beach but if wandering along the foreshore getting cut off by the tide could be an issue.



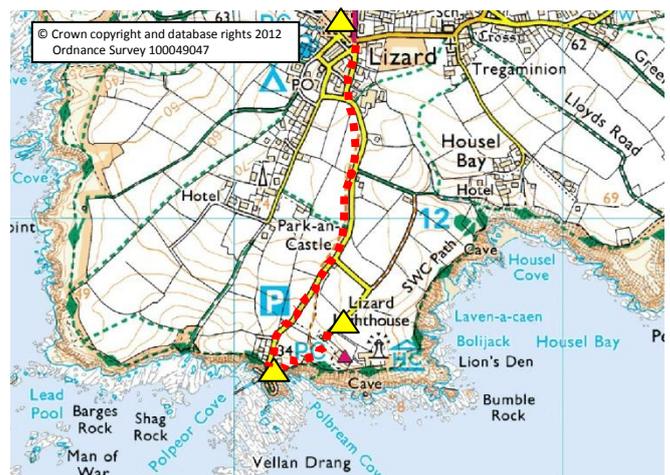
Dogs are allowed. There are toilets in the National Trust car park and also next to the green in Lizard village. There are cafes/tearooms at the Point and shops, pubs, cafes and restaurants in the village.



The beach at low water



Fishing boats on the slipway



Location - Part of OS Explorer Map 103



The slipway is really only for pedestrian access. Water quality is good but seaweed inundation can be a problem at times. The lifeboat station built in 1914 was last used in 1963 is a feature but overall it is not the most attractive of beaches.