

NANJIZAL

South of Land's End (2kms) there is a wonderful westerly facing beach that captures the very special essence of this stretch of granitic coastline and can feel quite exotic on the right day. However it involves a fairly lengthy walk. It is also known as Mill Bay.



At high tide in summer looking towards Carn Boel headland



TR19 7AA - There are a number of ways to get to Nanjizal. Either, park at the large car park at Land's End and walk south along the Coast Path (2kms), or park at **Porthgwarra - TR19 6JR** - and walk north along the Coast Path (2kms). Both involve memorable walks across magnificent cliff-land scenery. The other alternative is to park along the roadside from Polgigga to Porthgwarra - **TR19 6JL** - (being careful not to obstruct farm gates and the narrow road) and take one of the definitive Rights of Way via Higher Bosistow a distance 1.5kms. Access on to the beach from the Coast Path is straightforward.



Steps down to the beach



'The Song of the Sea'



The marvellous white shell based sand is the hallmark of Nanjizal but unfortunately it often disappears over winter and a very different stony beach is exposed. However, the sand tends to build up over summer and there is usually a fair amount of sand above high water mark littered with granite boulders. Two streams cross the beach with one falling on to the beach as a waterfall.



There is safety equipment above the beach. At high water when the conditions are right it is possible to swim safely but care needs to be taken. Although it can have fine surf because of its exposed location, it is not advised because of submerged rocks. There are a few rock pools when the rock formations are exposed at low water especially by 'The Song of the Sea'. Conditions for snorkelling are limited and extreme care needs to be taken when venturing out into the Bay.



Dogs are permitted all year. There are no facilities at all, the nearest being Land's End or **Porthgwarra**.



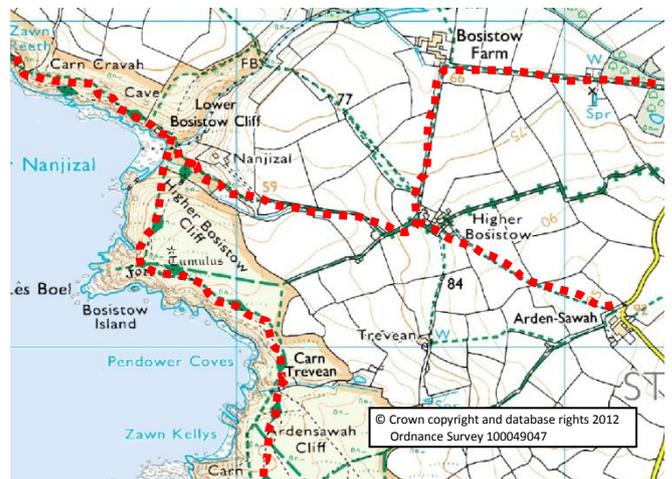
The glorious sand in summer



Ruins above the beach



Water quality is excellent. There are a number of caves which adds to the interest of a magical location which was many years ago used in an episode of the TV series 'Doctor Who'.



Location - part of OS Explorer Map 102