

# LOE BEACH and Trelissick Beach

Loe Beach is a popular beach especially for local people involved in boating activities. It is well used as a place to launch sailing dinghies, kayaks and other small craft and is an ideal location to use as a base to explore the Fal Estuary. It faces south and can be very sheltered and has wonderful panoramic views. Trelissick Beach by comparison is part of the secluded Channal's Creek and is mostly used by those visiting the beautiful National Trust property of Trelissick.



The shelving shingle Loe Beach with Falmouth in the distance

  **TR36SH** – for Loe Beach. Take the A39 Truro to Falmouth road and at Playing Place 3kms south of Truro take the B3289 for 2.8kms and at crossroads turn left following the signs to Feock and Loe Beach which ends up at the car park right next to the beach (capacity 90 cars but depends on the number of boats laid up). There is a slipway access making it suitable for pushchairs and the less mobile. **TR3 6QL** – for Trelissick Beach. From Playing Place as above, take the B3289 and continue all the way to the National Trust car park (capacity 200+cars) which is well signed. The 400m walk to the Beach and Creek starts along the path opposite the first parking area on the left and goes though a gate and down the hill across grazing land.



Trelissick Beach



Loe Beach



Trelissick Beach at low water



Loe Beach



Loe Beach is a mixture of shingle, sand and seaweed covered small rocks that shelves to low water mark where it flattens out. There is only a very small area of beach at high water. Trelissick is similar but out low water the shingle gives way to flat silt and mud. Trelissick can be wonderfully quiet, sheltered and secluded with great views. There is safety equipment at Loe Beach but not at Trelissick. Loe Beach is good for swimming on a reasonably high tide and quite safe but care needs to be taken with water borne craft. Swimming can be considered at Trelissick but only at high tide to avoid the mud. They are not surfing or snorkelling beaches at all and only a few rock pools. There is a Watersports Centre at Loe Beach and a range of boats and kayaks for hire.



There are no restrictions on dogs on Trelissick Beach but there are no dogs on Loe Beach from Easter to the end of September. There are toilets and a cafe next to Loe Beach and at Trelissick there are a range of facilities close to the car parks.



Location – Parts of OS Explorer Map 105



The slipway at Loe Beach can be used to launch small craft. Water quality is unknown. In contrasting ways the beaches are interesting. There is a beach at Pill Creek which can be accessed easily.