

LAMORNA COVE

A small harbour and cove that nestles within granite cliffs. It was once used for exporting granite, and at one time also had a thriving fishing industry. A hundred years ago it became popular with artists from the 'Newlyn School' and in particular the artist John 'Lamorna' Birch. Lamorna has long been immortalised in the Cornish song 'Way Down to Lamorna', about a wayward husband receiving his due retribution. In Cornish it is known as 'Nansmornow'. Every Easter there is a long tradition of a walk to Lamorna along the Coast Path from [Mousehole](#) (3kms).



Looking down over the harbour and small beach at low water



TR19 6XH - From Penzance go to Newlyn and then take the B3315; after 4.8kms at the bottom of a valley turn left and follow the road for 1.5kms which ends up by the Harbour and a small car park (capacity about 34 cars); there is also parking above the quay. Access on to the sandy part of the beach within the Harbour is down the slipway (suitable for pushchairs/wheelchairs) from the car park.



The sandy harbour at low water



Views of the Harbour and beach



At high tide there is no beach at all – except the boulders beneath the car park. But as the tide goes out there is a small delightful golden sandy beach within the Harbour. To the east of the harbour entrance the foreshore is made up of large granite boulders.



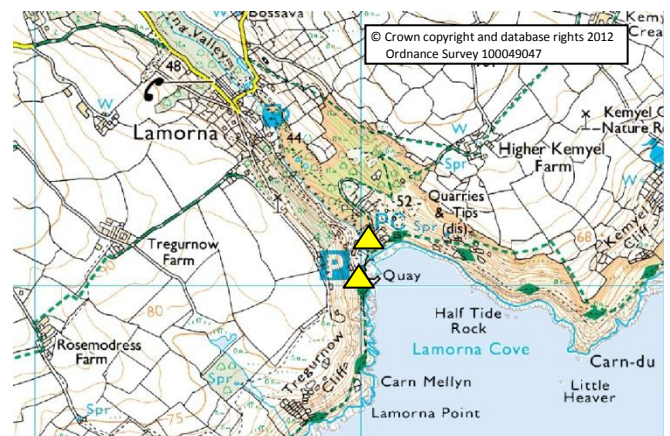
There is safety equipment at the car park. Swimming within the harbour area is safe when conditions allow. It is not a surfing beach. There are a few rock pools, the best being on the westerly side of the quay. There is some excellent snorkelling to be found in the Cove. It is a popular base for diving along this stretch of coast.



Dogs are permitted. There are toilets on the easterly side of the stream next to the Coast Path. There is a cafe/restaurant by the slipway overlooking the Harbour and a pub and other cafes further up the valley.



The slipway can be used to launch small craft.



Location – Part of Explorer Map 102



Water quality in the harbour is generally believed to be good. It is a very sheltered cove and never gets too crowded. Boats, sea kayaks and pedalos can be hired during the summer. There are also fishing and scenic trips from the harbour. Over-zealous parking security has been a recent problem.