

# GEW GRAZE

## or Soapy Cove & Ogo Dour Cove

Both Coves are set in the midst of the majestic cliff-land scenery of Predannack Cliffs and the unique Lizard National Nature Reserve. Gew Graze, or known locally as Soapy Cove after the adjacent soap stone quarry, is sandy at low water and far more accessible than it may appear although it involves a lengthy walk from the car park at [Kynance Cove](#). Ogo Dour, which means ‘cave’, is a narrow stony inlet and has a difficult access. Both beaches are part of the extensive Lizard National Trust holdings.



Soapy Cove – sand and serpentine at low water



**TR12 7PJ** - For Soapy Cove – see access and parking details for [Kynance Cove](#). The easiest way is to walk down to Kynance Cove from the car park and then follow the bridleway north of the Cove across the Downs rather than the Coast Path which is slightly longer. Just over 1km north of Kynance Cove there is a ford; turn left and follow the footpath for about 480m; the path is clear but above the beach involves walking down the bed of the stream which unless it has been especially wet is easily negotiated. Ogo Dour is accessed south of Mullion village - **TR12 7EZ** - see access and parking details for [Mullion Cove](#) but turn off left to Predannack Wollas 250m before reaching the main car park for the Cove and continue



Views of Soapy Cove



Ogo Dour – a stony inlet



Access down to Ogo Dour

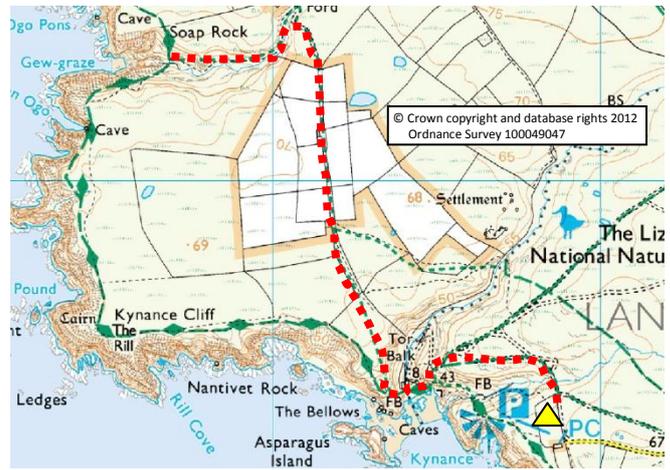
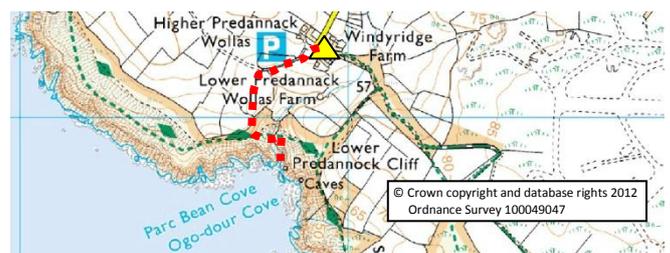
for 2.1kms where the road ends at a small National Trust car park (capacity about 30 cars); in the corner is a stile and permissive path which leads to the Coast Path; turn left for about 150m and then follow the stream which leads to the access down the rocks to the beach but scramble down is not easy.



Soapy Cove is stony at high water but as the tide recedes there is a fine sandy beach interspersed with large serpentine rocks smoothed by sand and sea. Ogo Dour is covered at high tide and is usually stony but at times can be partially sandy; at spring tides it is possible to get to an unnamed stony beach to the south. There is no safety equipment. It is not advisable to swim at either beach. They are not surfing beaches and only a few rock pools. Details about snorkelling are not known.



There are no restrictions on dogs. The nearest toilets and other facilities are at [Kynance Cove](#) and [Mullion Cove](#). Water quality is good. The Trust has partially cleared the Soap Stone site above the beach to reveal history about the stone used for porcelain making years ago.



Location – part of OS Explorer Map 103