

FALMOUTH

(overview of the beaches)

Falmouth is most well known as the deep water port at the mouth of the wonderful Fal Estuary. However, it also has a series of south facing popular beaches. Whilst these do not have the same abundance of fine sand as the of the north coast resorts, they nevertheless have other attributes and are as a result popular with families. **Gyllyngvase** Beach is the largest and most popular. **Swanpool**, **Castle** and **Tunnel** Beaches are all close by and very accessible.



Gyllyngvase Beach looking west

Maenporth Beach which is near to Falmouth has close associations but dealt with separately. Also, **Trefusis** Beach which overlooks the Port and Harbour of Falmouth is not included but has its own page.



TR11 3PG - From Truro and roads from the A30 take the A39 which ends up in Falmouth and from Helston, Penzance and the Lizard the A394. At the entrance to Falmouth follow the signs to the Town Centre. At the roundabout at the end of Western Terrace turn right into Penance Road and then right for **Swanpool** and left for **Gyllyngvase**, **Tunnel** and **Castle** beaches. The car park for **Gyllyngvase** (capacity 160cars) – **TR11 4DP** – is close to the beach and there is some unrestricted roadside parking nearby.



Castle Beach

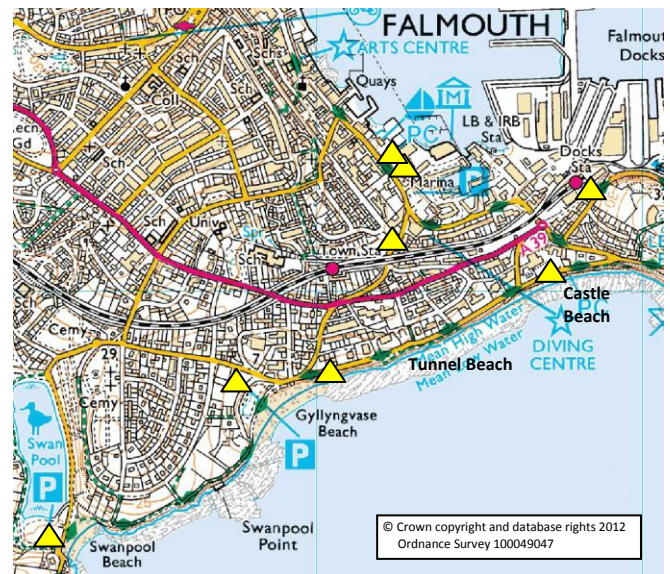


Tunnel & Gyllyngvase Beaches



Swanpool in summer

Swanpool has a large car park (capacity over 300 cars) – **TR11 4EJ** – and is immediately next to the beach. **Castle** and **Tunnel** beaches do not have any dedicated parking except for a limited amount of roadside parking along Cliff Road. However there are a number of car parks that serve the Town which are within 600m of these beaches; Grove Place – **TR11 4AU**; The Maritime Museum – **TR11 4BS**; The Dell – **TR113HP**; The Station – **TR11 4LT**.



Location – Part of OS Explorer Map 105



Gyllyngvase and **Swanpool** are the sandiest. All the beaches are suitable for swimming at all stages of the tide except when there is a strong southerly wind; this is largely because the bay is sheltered from the Atlantic swell. Conversely they are not surfing beaches but there can be waves for bodyboarding from time to time. They are all very good beaches for snorkelling especially at high water. There is much of interest between **Gyllyngvase** and **Swanpool** off Swanpool Point and from **Castle** Beach towards Pendennis Point. One of the features of all the beaches is the numerous rock pools which children love to explore.