

CAERTHILLIAN COVE

A rather unspectacular little cove that is in a wonderful setting of the Lizard Peninsula's westerly facing cliff-lands famous for their distinctive flora and the recently reintroduced Cornish Chough. It is easily accessible from the Coast Path.



The Cove at low water

  **TR12 7NY** - There are two ways to get to the Cove. The first is to park in Lizard village at the car park on the village green (capacity over 160cars) which is at the end of the A3083 from Helston. The walk to the Cove (1km) is along Pentreath Lane on the NW corner of the Green which is signed as a Public Footpath. The footpath winds down to Cove which is very accessible. The alternative is to park at the informal parking area at Holestrow -**TR12 7PJ** - which is 1km along the 'Toll Road' to [Kynance Cove](#) and is immediately above [Pentreath Beach](#). The parking is 80m from the Coast Path and involves a walk southwards along the path for about 550m.



Path from Lizard Village



The Coast Path down to the Cove



The valley to the Cove



Shingle and rock above HWM



At high tide there is usually a small area of shingle beach below which there are flat rock platforms which give way to a sandy beach at low water. It is easily possible to scramble over the rocks to the north of the inlet at low water to [Pentreath Beach](#).



There is no safety equipment. Swimming is not recommended at low water. Real care needs to be taken swimming at a high tide because of submerged rocks even in calm conditions. At low water it is sometimes frequented by local surfers but again it is not recommended despite obvious good surfing conditions. It is not generally suitable for snorkelling although occasionally conditions prevail. At low water there are many rock pools.



There are no restrictions on dogs. The nearest toilets, shops, cafes and pub are at Lizard Village (1km)



Location - Part of OS Explorer Map 103



Water quality is believed to be very good. It is quiet Cove that is ideal for a relaxing picnic on the grassy areas just above the beach.