

# PORTHBEOR

A deceptively large south facing beach at low water that is largely owned and managed by the National Trust: it is moderately sheltered and popular with the boating fraternity from the nearby Fal Estuary.



Low tide in summer looking towards Porthmellin Head



**TR2 5EY** - From the A3078 to St. Mawes, at Trewithian follow the road signposted to Portscatho and Gerrans and then continue for a little over 3kms on the road to St. Anthony Head, where there is a stretch of the road with space for somewhat limited roadside parking (about 20cars). Care needs to be taken not to obstruct gateways and the road. About 80m beyond the entrance to Bohortha Manor, on the south side of the road, there is a stile with signpost to the beach and footpath; it is not recommended for the less mobile as the path crosses a field (60m) and then descends down the cliff with steep steps near the bottom. Care needs to be taken when parking not to obstruct the road and field gates.



Path from the road



Recent cliff falls



Looking west along the beach



Stones above high water



At high tide the beach is relatively small and is mostly stony (flat worn grey slates) with a thin strip of sand in summer. As the tide recedes a gently sloping coarse yellow sandy beach is exposed which contains patches of a fine shingle and which levels off at low water where it is about 500m long and contains some flat rocky outcrops. The cliffs are subject to cliff falls.



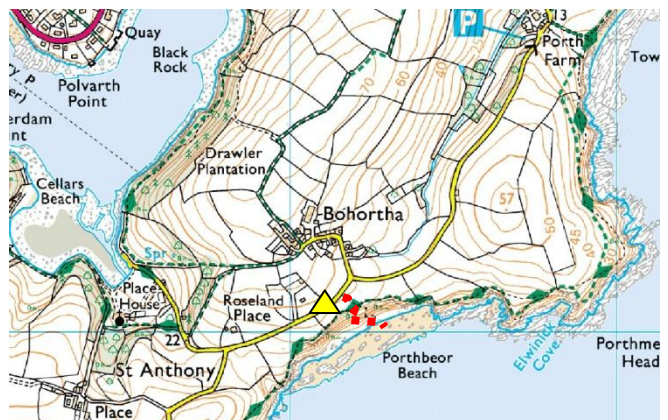
There is no safety equipment and no lifeguard service but is relatively safe for swimming when the right conditions prevail. It is recommended that bathing is undertaken on an incoming high tide. It is not a surfing beach but when there is a swell it can be suitable for children's bodyboarding. Inflatables should not be used unless the wind is onshore.



There are only a limited number of rock pools at either end of the beach at low water. There is some good snorkelling towards Elwinick Cove and Porthmellin Head.



Dogs are permitted all year. There are no facilities, the nearest being at St. Anthony Head a distance of 1.5kms or [Towan Beach](#) at 1.3kms where there are toilets.



Location – Part of OS Explorer Map 105



It is a clean beach and water quality is excellent. It is never a crowded beach and good for families at low water with a relatively easy access.