

HALLANE

and Polgwyn

Hallane is a small secluded south facing cove and involves an attractive walk from the hamlet of Trenarren. Polgwyn can only be accessed from Hallane by a 300m scramble across the foreshore at low tide. Both coves are dominated by high cliffs in between known as 'The Vans'



Hallane at low water in winter



PL26 6BH - From the A390 at Mount Charles, St.Austell, follow the signs to Porthpean (but do not turn off) and continue along the narrow road with passing bays signposted to Trenarren (3.7kms) where there is small parking area next to the road (capacity 20 cars). Then on foot, take the right hand fork along a surfaced track down the valley and then a bridleway to Hallane Mill just above the Cove where there are steps to the beach (850m). The walk is straightforward and easy going.



Steps on to the beach



Waterfall on to the beach



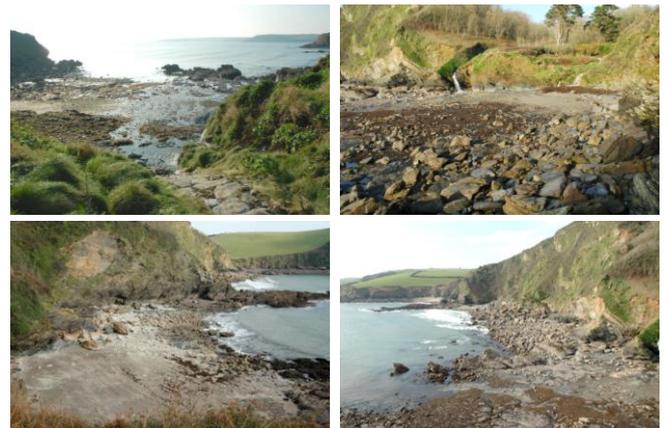
Hallane is stony above high water and as the tide recedes a gently shelving beach of sand, shingle and stone emerges and at low water there are large areas of flat rocks. Either side of the beach is made up of stones and boulders. By crossing the foreshore in a westerly direction, the sand and shingle beach of Polgwyn can be reached but extreme care needs to be taken because of the distance and advancing tides - it is very easy to be cut off.



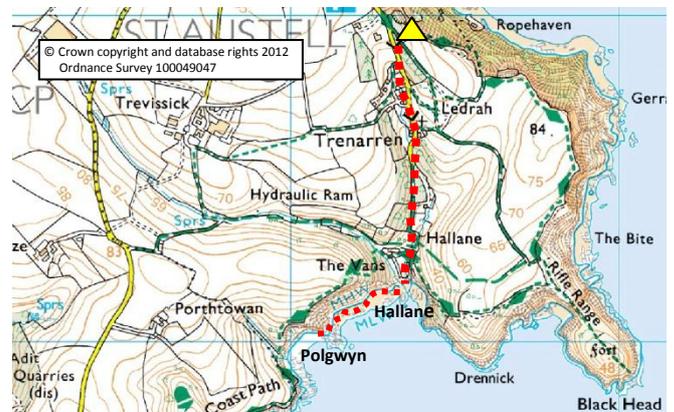
There is no safety equipment although swimming is relatively safe especially at high water. It is not suitable for surfing but is excellent for diving and snorkelling and for exploring the countless rock pools.



Dogs are allowed but there are no facilities at all, the nearest being at [Porthpean](#), 1.5kms from the parking area.



Top; views of Hallane - Bottom; Polgwyn on the left, and foreshore from Hallane to Polgwyn on the right.



Location – Part of OS Explorer Map 107



The water quality of the streams crossing the beach is unknown but the sea is good. Hallane is a quiet and sheltered cove in very attractive surroundings.