



# FOWEY HARBOUR

When the tide is out there are a number of small sand and shingle beaches on the Harbour waterfront between Whitehouse Quay and Albert Quay. The [Fowey Esplanade](#) beaches lie immediately to the south and to the north the water frontage becomes less sandy and with more fine silt, mud and shingle.



The beach north of Whitehouse Point Quay

  **PL23 1AZ** - At the Newtown roundabout at the entrance to Fowey (either by the A3082 or B3269), take the B3415 which is signposted to the Town Centre and after 1.6kms turn right and follow the signs to the main car park (capacity 350+ cars) along Hanson Drive. Walk down the signposted pedestrian route to the Town Centre which is about 250m. There are access points on to the beaches at Town Quay both down steps and a slipway, down steps opposite 14 Esplanade and the slipway at Whitehouse Quay. Alternatively, there is car parking by the Bodinnick Ferry at the northerly end of the



Views of the sand and shingle beaches north of Town Quay



Looking towards Town Quay

Beach below the water frontage

Town which is signposted at the entrance to Fowey and involves a walk of 650m to Town Quay. For most of the year there is little parking in the Town.



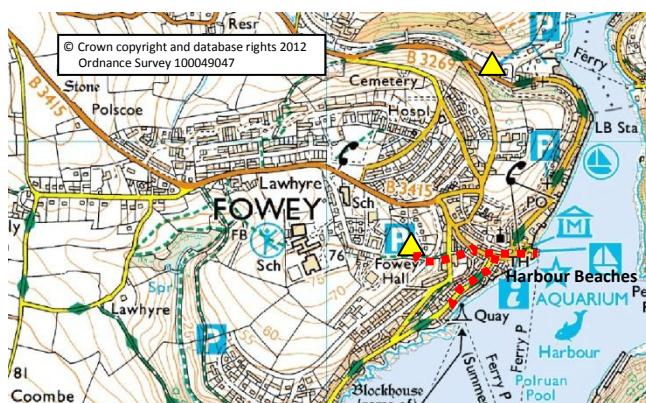
The beaches are not wonderful but can be a great place to sit and watch all the activity in the Harbour and Estuary; they are very sheltered. There are patches of sand and shingle as well as stony areas, much of which is covered in seaweed. The beaches are covered at high tide.



There is safety equipment at the Quays. Swimming is possible on a rising high tide but is not really recommended as care needs to be taken with boating and other activities in the Harbour coupled with strong tides in the Estuary. There is no surf and snorkelling is not brilliant. There are few rock pools.



Dogs are permitted. There are toilets at Town Quay and Whitehouse Quay. Cafes, pubs, shops and restaurants are all close by in the Town Centre.



Location – Part of OS Explorer Map 107



The slipways at Town Quay and Whitehouse Quay can be used with the approval of the Fowey Harbour Commissioners but getting even small craft into the Town Centre is not advisable. Water quality is very variable due to Harbour and Port activity. The beaches are only really places to eat a pasty and sit and contemplate the views to [Polruan](#).