

# FOWEY ESPLANADE

A series of small sandy beaches below the Esplanade in the centre of Fowey largely go unnoticed by visitors as they are somewhat tucked away. They are very sheltered and face Polruan on the other side of the Fowey Estuary. To the south is Readymoney Cove around Point Neptune (500m) and to the north Fowey Harbour. At the southerly end of the beaches is the remains of a 14<sup>th</sup> Century Blockhouse that once housed a chain that spanned the Estuary to Polruan to act as a sea defence.



A small sandy beach below the Esplanade



**PL23 1HZ** - At the Newtown roundabout at the entrance to Fowey either by the A3082 or B3269, take the B3415 which is signposted to the Town Centre and after 1.6kms turn right and follow the signs to the main car park (capacity 350+ cars) along Hanson Drive. Walk down the signposted pedestrian route to the Town Centre and turn into the Esplanade from Lostwithiel Street; opposite number 48 is access to Whitehouse Quay and the beaches. There is also access down a flight of steps opposite number 66 Esplanade. Alternatively, there is car parking by the Bodinnick Ferry at the northerly end of the Town which is signposted at the entrance to Fowey and involves a walk of 1km to the beaches via the Town Centre. For most of the year there is little parking in the Town.



Swimming pool



Beach below the Fowey Hotel



Access from Whitehouse Quay Access by the former Blockhouse



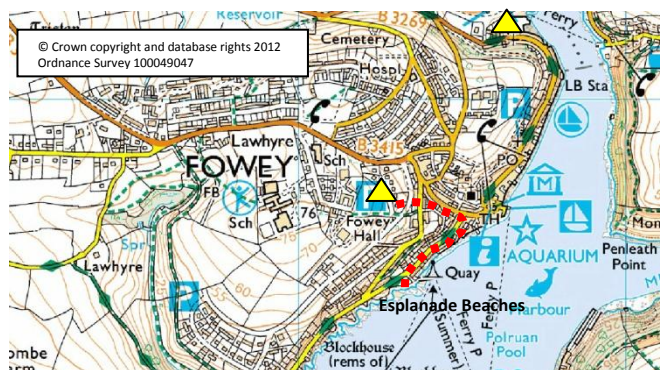
The two main areas of sand are split by a rocky area with a swimming pool constructed in the rocks. The gently sloping coarse yellow sandy beaches disappear at high water. There is a shelter above the beach below the Fowey Hotel.



There are safety/rescue points at each of the access points. There are strong currents in the Estuary so that it is recommended that swimming is only undertaken on a rising high tide within the areas contained by the rocky 'tongues' either side of the beaches. They are not surfing beaches. Snorkelling is good along the foreshore to Readymoney but care needs to be taken with craft on the water as the Estuary mouth gets busy. There are many rock pools to explore.



There are no restrictions on dogs. Toilets are located at the access point to Whitehouse Quay. There are a range of cafes, pubs, shops, and restaurants in the Town centre close by.



Location - Part of OS explorer Map 107



Water quality can be very variable because of the Harbour and Port. They never get crowded and the Estuary provides much to see.