

CELLARS BEACH and Lowlands Beach

Two beaches that are located opposite St.Mawes on the lower reaches of the Percuil River and have similar characteristics to other beaches around the Fal Estuary. As part of the least easily accessible part of the Roseland Peninsula they are close to St.Anthony Church and Place House which was the seat of the Spry family for centuries.



Low water at Cellars Beach in early spring



TR2 5EY and **TR2 5EZ** - From the A3078

to St. Mawes, at Trewithian follow the road signposted to Portscatho and Gerrans and then continue for a little over 3kms on the road to St.Anthony Head, where on the right, is a signposted turning to the hamlet of Bohortha; there are a few roadside places to park then follow the track with Bohorrow Farm on your right; after 100m the track divides into two footpaths – take the right-hand one for Lowlands Beach and the left hand one for Cellars Beach; both involve a fair walk. For Lowlands continue along the path past the Ferry Slipway and continue for 550m where on the left is a short path on to the beach. Alternatively, for Lowlands Beach continue along the main road past Bohortha (for 550m) turning right to Place and a small parking area above the Ferry landing point, then continue along the path



Lowlands Beach at low water



Lowlands and the Percuil River



Boat remains on Cellars Beach



Cellars sandy beach

as above. For Cellars Beach either park at Bohortha and follow the track as above but take the left-hand footpath down to the Place road, turn right and immediately on the left is a footpath (a further 500m) past Place to the Beach. There are a couple of roadside passing spaces on the Place road leading to the slipway where the footpath leads the road for Cellars beach. It is also possible to walk (1.8kms) to Cellars Beach from the National Trust car park at St.Anthony Head past the [Molunan Beaches](#) on the Coast Path or take the ferry from [St.Mawes](#).



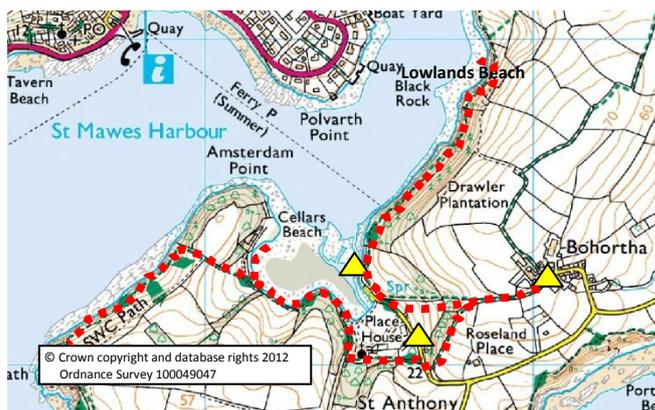
Cellars Beach is a mixture of areas of sand, shingle and stone and also fine silt with a long strip above high water. Lowlands Beach is shingle and stone. Both beaches are very sheltered and little used.



There is no safety equipment at either beach. Swimming at either beach at low water is not that pleasant due to the shallow water but at high tide when the water is slack is fine; care needs to be taken with strong currents on an ebbing tide. Neither beach is suitable for surfing or snorkelling; there are no real rock pools.



There are no restrictions on dogs. The nearest toilets and tea rooms (summer only) are at St. Antony Head. There are shops, cafes and restaurants at Gerrans and [Portscatho](#) 3.5kms from Bohortha. Both beaches can suffer from seaweed. Water quality is good. Cellars Beach has more to offer than it may appear.



Location – Part of OS Explorer Map 105