

BOOLEY BEACH

A medium sized westerly facing beach that is often joined to [Par Sands](#) at low spring tides but is completely different in character. It is reached either from Par or [Polkerris](#) along the Coast Path and is quite accessible despite being backed by high cliffs.



Booley Beach looking south at low water



PL24 2TL - [Polkerris](#) or PL24 2AR - [Par Sands](#)

as they are the nearest places to park; for details of access and parking see the description for either beach. From the car park at Polkerris walk down the road to the harbour and by the pub turn off on to the Coast Path; the access path down to the beach is on the left after 750m. From the car park at Par walk back to the main road and just past the pub at Polmeor there is the Coast Path; it is a walk of 1km to the path down to the beach; if the tide is favourable there are paths up the low cliffs on the easterly side of Par Sands which join the Coast Path and which results in considerably less walking.



There is little or no beach at high water but the gently sloping foreshore ends up as a mostly flat sandy beach at low water that has flat rocky ledges on its northerly side and can have patches of shingle and stone after winter storms. It is relatively exposed to



A largely sandy beach



Rocky ledges



Path down to the beach



Eroding cliffs

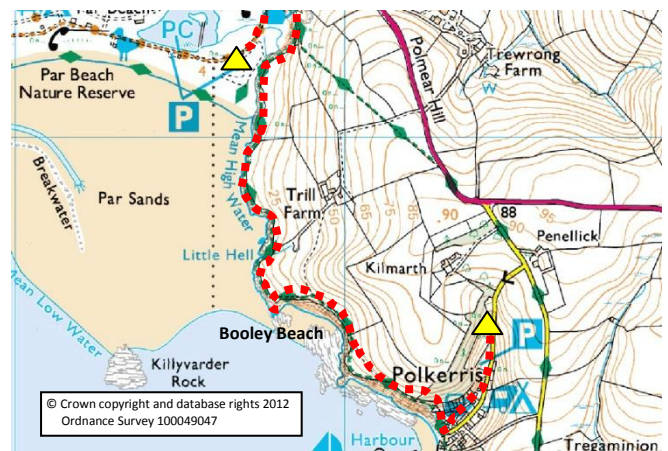
winds from the west but otherwise can be quite sheltered. The cliffs on the southerly side of the beach have had a number of cliff falls in recent times. It is a quiet beach that never gets crowded.



There is no rescue/safety equipment. It is a relatively safe beach for swimming when the conditions are favourable but it should be remembered that it is somewhat remote and care should be taken with inflatables when there is an offshore wind. It is not a surfing beach but can be good for bodyboarding on occasions. There is some good snorkelling around to Polkerris on a high tide and at low water there are a number of rock pools.



There are no restrictions on dogs. The nearest toilets, cafe, shop, restaurant and pub are at [Polkerris](#) but there are also all the facilities at [Par Sands](#) and Polmeor (but further away).



Location – Part of Explorer Map 107



Water quality is not known but is believed to be similar to [Par Sands](#) which can be variable. It is a surprisingly pleasant beach.