

TREEN COVE

and Rose-an-Hale Cove

Treen Cove is often referred to as Gurnard’s Head Beach as it is tucked into the easterly side of the distinctive headland. The name of the Cove is derived from the ancient name for the headland which was once a fortified settlement called ‘Trereen Dinas.’ Rose-an-Hale Cove is next to Treen Cove and separated by Lean Point and is still used by local fishing boats. Access to both Coves involves a walk then scrambling down over rocks and would not be easy for some.



Treen Cove at low water from Lean Point

  **TR26 3DE** - On the scenically attractive B3306 coast road 9kms west of St.Ives, and 9.5kms east of St.Just, is the Gurnard’s Head Hotel and the small hamlet of Treen. There are no parking facilities as such and it means finding a suitable place by the roadside. It is not possible to park along the road in Treen itself because of obstructing farm vehicles, gateways and private access ways. At the end of the road in Treen is a track on the right; there is a public footpath down to Lean Point but there is no evidence that it is used as everyone seems to follow the track (600m) which is a private access to properties. At the bottom of the track is a path on the right which goes down to Lean Point with some former mine buildings



Access track from Treen



Way down to the beaches



The distinctive Gurnard’s Head



Evidence of fishing activities



The stony Rose-an-Hale Cove



Rose-an-Hale Cove at low tide

on the left. Below the mine remains is a way down to the rocks which gives access to both coves with Treen on the right and Rose-an-Hale on the left. It is then a case of picking a route down over the rocks.



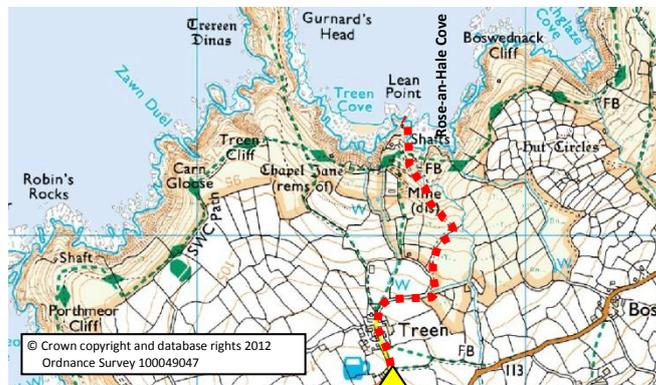
Treen Cove is stony at high water but has a generous amount of fine sand at low water. The beach is not accessible for about two hours either side of high tide as the access is cut off. Rose-an-Hale Cove is mostly stony although small amounts of sand can appear at low water after quiet conditions.



There is safety equipment above the beaches at Lean Point. Although they are sheltered by Gurnard’s Head it is not advisable to swim especially at low water on an ebbing tide. They are not recognised surfing or snorkelling beaches. There are numerous rock pools.



Dogs are permitted. There are no facilities except the pub at Treen.



Location – Part of OS Explorer Map 102



Water quality is believed to be good. The surrounding landscape is a wonderful setting with Celtic fields, former tin mines and ancient sites.