

THORN'S BEACH

and Cleave Strand

These beaches are set beneath the towering cliffs just west of Dizzard Point and a short distance from the beautiful setting of St.Genny's Church.



Thorn's Beach and Cleave Strand at low water

  **EX23 ONW** - At the crossroads at Wainhouse Corner on the A39 approximately midway between Bude and Camelford, take the road signposted to [Crackington Haven](#). After 2.7kms there is a road on the right signposted to St.Genny's Church; follow this as far as the Church where there is a small parking area (capacity about 10 cars). There is a public footpath (although not signed) along the track at the side of a property called 'Bloomers'; after 50m bear left and then after 70m left again down a path which joins up with the access track to St.Genny's House – the footpath skirts the property and continues across a stile and field. Go straight across the field, down into the valley across a bridge and up the other side to the Coast Path; turn left for 30m and on the right (by a holly bush) is the route down to Thorn's Beach. It is not too difficult to follow the narrow steep path but it is a long descent; there is a rope at the bottom which aids the final access down loose rock and scree on to the beach but beware it is not too secure! Cleave Strand is to the north.



Looking towards Cleave Strand



The stony Thorn's Beach



Footpath to the Coast Path



Rope down to the Beach



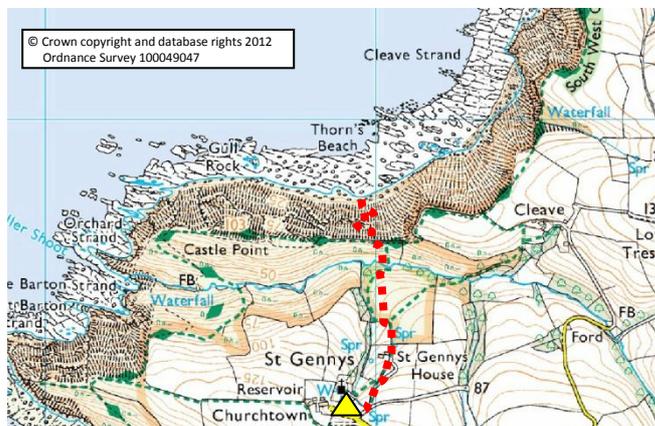
Thorn's Beach is stony with boulders with only a narrow strip above high water although to the east of the access point there is a small area of sand and shingle higher up the beach. Cleave Strand has some areas of sand/shingle with strips of shingle and stones above high water. At the northerly end of Cleave Strand is a cave called 'Mot's Hole' and a waterfall cascading on to the beach.



There is no safety equipment. The swell and surf would normally make swimming extremely ill advisable but where there is sand/shingle on a rising high tide it may be possible with care. It is understood that a few experienced surfers do frequent the beach. It is not a snorkelling beach but there countless rock pools.



There are no restrictions on dogs. The nearest facilities are at [Crackington Haven](#) only a short distance from St.Genny's Church.



Location – Part of OS Explorer Map 111



Water quality is good. There is much water borne litter. A beach for solitude and peace.