

NORTHCOTT MOUTH

It is part of a wonderful beach that at low water stretches from [Summerleaze Beach](#), Bude in the south to [Duckpool](#) in the north. It is owned by the National Trust and is easily accessible.



At low water looking towards Menachurch Point and Bucket Hill



EX23 9EL- North of Bude on the A39, take the signposted road to Poughill. Northcott Mouth is a further 3kms just beyond the Bude Holiday Park. The small National Trust car park (capacity about 60 cars) is on the left. There is a short walk of 200m along the road to the beach.



The rocky 'fingers' known as the 'Bude Formation'



The beach at high water consists of a bank of shingle below which here is the distinctive rock formations which characterises this part of the coastline, and, a glorious sandy beach that stretches for over 1km in the south to Wrangle Point next to [Crooklets Beach](#) together with a number of small coves and the [Maer Cliff Beaches](#) and then

northwards to Menachurch Point and continuing on to [Sandy Mouth](#).

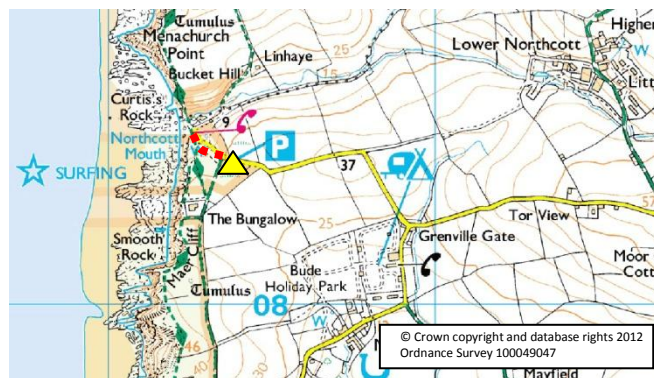


There is safety equipment above the beach and Lifeguards on duty during the July and August holiday period. Care needs to be taken if exploring the extremities of the beach at low water because of a fast incoming tide. It is not safe to swim because of strong rip currents although bathing is possible in the designated areas when the Lifeguards are on duty and the flags indicate it is safe to enter the water. It is a well known surfing beach which is suitable for all abilities although the more experienced favour a spot called 'Nudies' the northern side of Menachurch Point, where the waves are usually more powerful but it is not for beginners due to strong currents and submerged rocks.

At low water the rock formations produce a wealth of rock pools that are worth exploring. It is not a beach for snorkelling or diving.



It is dog friendly and they are permitted all year but [Crooklets Beach](#) to the south has restrictions. There are toilets located above the beach but are only open during the summer: likewise the cafe. Shops and full facilities are at Bude some 4kms.



Location – Part of OS Explorer Map 126



Water quality is good although the quality of the stream crossing the beach is unknown. Generally it is a fine westerly facing beach that is at its best when the tide is low.



At low tide



View from Maer Down